

# Adult Cecchetti Beginner Ballet

## **Class Description**

Dancers will learn the basic Cecchetti style ballet skills and terminology. Barre, center and across the floor movements as well as the fundamentals of balance and general alignment are introduced at this level.

## **Prerequisite**

None

## **Age**

Not applicable

## **Attire**

Any sort of leotard, tights or comfortable clothes to move in.

## **Shoes**

Pink leather or canvas ballet slippers

## **Hair**

Must be tied back

## **Other**

See suggested locations for purchasing dancewear