

Adult Beginner Ballet

Class Description

Dancers will learn the basic ballet skills and terminology. Barre, center and across the floor movements as well as the fundamentals of balance and general alignment are also introduced at this level.

Prerequisite

None

Age

Not applicable

Attire

Any sort of leotard, tights or comfortable clothes to move in.

Shoes

Pink leather ballet slippers

Hair

Must be tied back

Other

See suggested locations for purchasing dancewear