

# Ballet 3

## **Class Description**

Dancers will learn intermediate barre work with emphasis alignment and strengthening of the core muscles. The barre work also demands clean foot work along with head and arm coordination. Center floor consists of adagio, multiple turn combinations, petite/grande allegro and challenging traveling combinations. This class is a preparation for pre-pointe.

## **Prerequisite**

Dancer has mastered The Dance Corner Ballet II level or has permission from the instructor.

## **Age**

Class placement by skill level (Age 6 & up) Typical age range is 10-12yrs.

## **Attire**

Black leotard (any sleeve length with no skirt attached)  
Pink footed or convertible dance tights

## **Shoes**

Pink leather, split-sole, ballet slippers

## **Hair**

Must be in a bun

## **Other**

No skirts or shorts allowed

See suggested locations for purchasing dancewear